

1. Uitslag de Vennen (100 met 300)

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 18 Loek van der Bruggen | HPB | 2 | I | 13.72 | | |
| 2 | 7 Maartje van Dijck | DPC | 2 | O | 14.79 | | |
| 3 | 43 Zoé van de Laar | DPD | 1 | I | 17.79 | | |

1. Rituitslag de Vennen (100 met 300)

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|--------------------|-------|---------|---|-------|--------------|------|
| 1 | wt rd | 43 Zoé van de Laar | | DPD | | 17.20 | 17.79 | |
| | | Zoé van de Laar | | | | | | |
| | | 100m | 17.79 | (17.79) | m | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|-------------------------|-------|---------|--|-------|--------------|------|
| 2 | gl bl | 18 Loek van der Bruggen | | HPB | | 13.47 | 13.72 | |
| | | 7 Maartje van Dijck | | DPC | | 14.59 | 14.79 | |
| | | Loek van der Bruggen | | | | | | |
| | | 100m | 13.72 | (13.72) | | | | |
| | | Maartje van Dijck | | | | | | |
| | | 100m | 14.79 | (14.79) | | | | |

2. Uitslag de Vennen (500 met 1500)

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|-------|------|--------|
| 1 | 9 Teun vander Linden | HB1 | 6 | O | 42.96 | | |
| 2 | 2 Thomas van Berkel | HB1 | 6 | I | 43.44 | | |
| 3 | 21 Karlijn Schellekens | DC2 | 5 | O | 46.50 | | |
| 4 | 17 Job van der Bruggen | HC1 | 5 | I | 48.72 | PR | |
| 5 | 8 Tom van Dijck | HC2 | 3 | I | 49.57 | | |

2. Rituitslag de Vennen (500 met 1500)

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|-----------------|-------|---------|---|-------|--------------|------|
| 3 | wt rd | 8 Tom van Dijck | | HC2 | | 49.00 | 49.57 | |
| | | Tom van Dijck | | | | | | |
| | | 100m | 13.22 | (13.22) | m | | | |
| | | 500m | 49.57 | (36.35) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|------|---|-----|---|----|------|------|
| 4 | gl bl | | | | | | | |
| | | | m | | m | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|------------------------|-------|---------|---------------------|-------|--------------|------|
| 5 | wt rd | 17 Job van der Bruggen | | HC1 | | 48.81 | 48.72 | PR |
| | | 21 Karlijn Schellekens | | DC2 | | 45.45 | 46.50 | |
| | | Job van der Bruggen | | | Karlijn Schellekens | | | |
| | | 100m | 12.68 | (12.68) | 100m | 12.57 | (12.57) | |
| | | 500m | 48.72 | (36.04) | 500m | 46.50 | (33.93) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|----------------------|-------|---------|--------------------|-------|--------------|------|
| 6 | gl bl | 2 Thomas van Berkel | | HB1 | | 42.76 | 43.44 | |
| | | 9 Teun vander Linden | | HB1 | | 42.61 | 42.96 | |
| | | Thomas van Berkel | | | Teun vander Linden | | | |
| | | 100m | 12.09 | (12.09) | 100m | 11.71 | (11.71) | |
| | | 500m | 43.44 | (31.35) | 500m | 42.96 | (31.25) | |

3. Uitslag de Vennen 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 18 Loek van der Bruggen | HPB | 7 | I | 35.18 | | |
| 2 | 7 Maartje van Dijck | DPC | 8 | O | 39.16 | | |
| 3 | 43 Zoé van de Laar | DPD | 8 | I | 50.38 | | |

3. Rituitslag de Vennen 300 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|-------------------------|-------|---------|---|-------|--------------|------|
| 7 | wt rd | 18 Loek van der Bruggen | | HPB | | 33.86 | 35.18 | |
| | | Loek van der Bruggen | | | | | | |
| | | 300m | 35.18 | (35.18) | m | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|---------------------|-------|-------------------|------|-------|--------------|------|
| 8 | gl bl | 43 Zoé van de Laar | | DPD | | 47.50 | 50.38 | |
| | | 7 Maartje van Dijck | | DPC | | 37.92 | 39.16 | |
| | | Zoé van de Laar | | Maartje van Dijck | | | | |
| | | 300m | 50.38 | (50.38) | 300m | 39.16 | (39.16) | |

4. Uitslag De Vennen 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 9 Teun vander Linden | HB1 | 12 | I | 2:08.82 | | |
| 2 | 2 Thomas van Berkel | HB1 | 12 | O | 2:12.80 | | |
| 3 | 21 Karlijn Schellekens | DC2 | 11 | O | 2:23.67 | | |
| 4 | 8 Tom van Dijck | HC2 | 11 | I | 2:35.37 | | |
| | 17 Job van der Bruggen | HC1 | 9 | I | DQ | | |

4. Rituitslag De Vennen 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|---|----------|------------------------|-----|---------|------|-----------|
| 9 | wt rd | 17 Job van der Bruggen | HC1 | 2:40.43 | | DQ |

Job van der Bruggen

m

| | | Naam | Cat | PR | Tijd | Info |
|----|----------|------|-----|----|------|------|
| 10 | gl bl | | | | | |

m

m

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------|-----|---------|------|----------------|
| 11 | wt | 8 Tom van Dijck | HC2 | 2:32.52 | | 2:35.37 |
| | rd | 21 Karlijn Schellekens | DC2 | 2:19.13 | | 2:23.67 |

Tom van Dijck

Karlijn Schellekens

| | | | | | |
|-------|---------|---------|-------|---------|---------|
| 300m | 33.33 | (33.33) | 300m | 30.77 | (30.77) |
| 700m | 1:13.49 | (40.16) | 700m | 1:06.78 | (36.01) |
| 1100m | 1:54.94 | (41.45) | 1100m | 1:44.67 | (37.89) |
| 1500m | 2:35.37 | (40.43) | 1500m | 2:23.67 | (39.00) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------|-----|---------|------|----------------|
| 12 | gl | 9 Teun vander Linden | HB1 | 2:04.49 | | 2:08.82 |
| | bl | 2 Thomas van Berkel | HB1 | 2:12.55 | | 2:12.80 |

Teun vander Linden

Thomas van Berkel

| | | | | | |
|-------|---------|---------|-------|---------|---------|
| 300m | 28.95 | (28.95) | 300m | 28.91 | (28.91) |
| 700m | 1:01.61 | (32.66) | 700m | 1:01.93 | (33.02) |
| 1100m | 1:35.44 | (33.83) | 1100m | 1:37.04 | (35.11) |
| 1500m | 2:08.82 | (33.38) | 1500m | 2:12.80 | (35.76) |

5. Uitslag IJCT (100 met 300)

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------|-----|------|------|-------|------|--------|
| 1 | 29 Sem Boon | HB2 | 8 | I | 11.38 | PR | |
| 2 | 1 Quinty Breij | DB2 | 7 | I | 12.38 | | |
| | 35 Sterre Pikaar | DB2 | 8 | O | 12.38 | | |
| 4 | 5 Daan Segers | HPA | 7 | O | 12.83 | PR | |
| 5 | 40 Ramzi Coenraad | HPC | 6 | O | 13.48 | | |
| 6 | 33 Stijn Kroon | HC1 | 5 | I | 13.63 | PR | |
| 7 | 27 Luuk van Tilborg | HPB | 5 | O | 14.13 | | |
| 8 | 19 Youssra Pals | DPB | 6 | I | 14.14 | | |
| 9 | 20 Yasmine Pals | DPB | 4 | I | 14.82 | | |
| 10 | 15 Karsten Dieleman | HPD | 3 | O | 14.87 | PR | |
| 11 | 4 Naomi Segers | DPE | 4 | O | 15.08 | | |
| 12 | 3 Isabel Segers | DPC | 3 | I | 15.69 | | |
| 13 | 28 Hiba Pals | DPD | 1 | I | 16.16 | | |

5. Rituitslag IJCT (100 met 300)

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|------|------------------|-----|-----|-------|--------------|------|
| 1 | wt rd | 28 | Hiba Pals | | DPD | 15.51 | 16.16 | |

Hiba Pals

100m

16.16 (16.16)

m

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|------|--|-----|--|----|------|------|
| 2 | gl bl | | | | | | | |

m

m

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|------|-------------------------|-----|-----|-------|--------------|------|
| 3 | wt rd | 3 | Isabel Segers | | DPC | 14.75 | 15.69 | |
| | | 15 | Karsten Dieleman | | HPD | 15.19 | 14.87 | PR |

Isabel Segers

100m

15.69 (15.69)

Karsten Dieleman

100m

14.87 (14.87)

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|------|---------------------|-----|-----|-------|--------------|------|
| 4 | gl bl | 20 | Yasmine Pals | | DPB | 14.54 | 14.82 | |
| | | 4 | Naomi Segers | | DPE | 14.62 | 15.08 | |

Yasmine Pals

100m

14.82 (14.82)

Naomi Segers

100m

15.08 (15.08)

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----------|------|-------------------------|-----|-----|-------|--------------|------|
| 5 | wt rd | 33 | Stijn Kroon | | HC1 | 14.00 | 13.63 | PR |
| | | 27 | Luuk van Tilborg | | HPB | 13.90 | 14.13 | |

Stijn Kroon

100m

13.63 (13.63)

Luuk van Tilborg

100m

14.13 (14.13)

| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|---------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 6 | gl | 19 | Youssra Pals | | DPB | 13.83 | 14.14 | |
| | bl | 40 | Ramzi Coenraad | | HPC | 13.44 | 13.48 | |
| | | <u>Youssra Pals</u> | | | <u>Ramzi Coenraad</u> | | | |
| | | 100m | 14.14 | (14.14) | 100m | 13.48 | (13.48) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 7 | wt | 1 | Quinty Breij | | DB2 | 12.37 | 12.38 | |
| | rd | 5 | Daan Segers | | HPA | 13.21 | 12.83 | PR |
| | | <u>Quinty Breij</u> | | | <u>Daan Segers</u> | | | |
| | | 100m | 12.38 | (12.38) | 100m | 12.83 | (12.83) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 8 | gl | 29 | Sem Boon | | HB2 | 11.55 | 11.38 | PR |
| | bl | 35 | Sterre Pikaar | | DB2 | 11.93 | 12.38 | |
| | | <u>Sem Boon</u> | | | <u>Sterre Pikaar</u> | | | |
| | | 100m | 11.38 | (11.38) | 100m | 12.38 | (12.38) | |

6. Uitslag IJCT (500 met 1500)

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1 | 41 Geophrey Coenraad | HC1 | 14 | O | 42.80 | PR | |
| 2 | 24 Lotte Groenen | DB1 | 14 | I | 43.07 | | |
| 3 | 16 Hugo Krul | HB1 | 13 | I | 44.61 | | |
| 4 | 39 Danique Happel | DB1 | 13 | O | 45.42 | | |
| 5 | 25 Meike Hohenstein | DB1 | 12 | O | 46.77 | | |
| 6 | 31 Maud Biezen | DC1 | 12 | I | 47.10 | PR | |
| 7 | 14 Anouk Cosijn | DB1 | 11 | I | 48.90 | PR | |
| 8 | 30 Lars Boon | HC1 | 11 | O | 48.94 | PR | |
| 9 | 23 Floran Plompen | HC2 | 9 | I | 51.26 | | |

6. Rituitslag IJCT (500 met 1500)

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|-----|-------|--------------|------|
| 9 | wt | 23 | Floran Plompen | | HC2 | 50.69 | 51.26 | |
| | rd | | | | | | | |
| | | Floran Plompen | | | | | | |
| | | 100m | 13.43 | (13.43) | | | m | |
| | | 500m | 51.26 | (37.83) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 10 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | | | m | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|-----|-------|--------------|---------------|
| 11 | wt | 14 | Anouk Cosijn | | DB1 | 49.83 | 48.90 | PR |
| | rd | 30 | Lars Boon | | HC1 | 49.11 | 48.94 | PR |
| | | Anouk Cosijn | | | | | | |
| | | 100m | 13.27 | (13.27) | | | 100m | 12.84 (12.84) |
| | | 500m | 48.90 | (35.63) | | | 500m | 48.94 (36.10) |
| | | Lars Boon | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|-----|-------|--------------|---------------|
| 12 | gl | 31 | Maud Biezen | | DC1 | 47.66 | 47.10 | PR |
| | bl | 25 | Meike Hohenstein | | DB1 | 45.54 | 46.77 | |
| | | Maud Biezen | | | | | | |
| | | 100m | 12.42 | (12.42) | | | 100m | 12.63 (12.63) |
| | | 500m | 47.10 | (34.68) | | | 500m | 46.77 (34.14) |
| | | Meike Hohenstein | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----|-------|--------------|---------------|
| 13 | wt | 16 | Hugo Krul | | HB1 | 43.29 | 44.61 | |
| | rd | 39 | Danique Happel | | DB1 | 45.05 | 45.42 | |
| | | Hugo Krul | | | | | | |
| | | 100m | 11.83 | (11.83) | | | 100m | 12.31 (12.31) |
| | | 500m | 44.61 | (32.78) | | | 500m | 45.42 (33.11) |
| | | Danique Happel | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|---------|------|-------|--------------|------|
| 14 | gl | 24 | Lotte Groenen | | DB1 | 41.97 | 43.07 | |
| | bl | 41 | Geophrey Coenraad | | HC1 | 42.99 | 42.80 | PR |
| | | | Lotte Groenen | | | | | |
| | | | Geophrey Coenraad | | | | | |
| | | 100m | 11.78 | (11.78) | 100m | 11.57 | (11.57) | |
| | | 500m | 43.07 | (31.29) | 500m | 42.80 | (31.23) | |

7. Uitslag IJCT 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------|-----|------|------|-------|------|--------|
| 1 | 29 Sem Boon | HB2 | 22 | I | 27.03 | PR | |
| 2 | 35 Sterre Pikaar | DB2 | 22 | O | 29.82 | | |
| 3 | 1 Quinty Breij | DB2 | 21 | O | 30.38 | | |
| 4 | 5 Daan Segers | HPA | 21 | I | 31.02 | PR | |
| 5 | 40 Ramzi Coenraad | HPC | 20 | I | 32.17 | | |
| 6 | 33 Stijn Kroon | HC1 | 18 | O | 34.11 | PR | |
| 7 | 19 Youssra Pals | DPB | 20 | O | 34.25 | PR | |
| 8 | 27 Luuk van Tilborg | HPB | 19 | O | 36.57 | | |
| 9 | 3 Isabel Segers | DPC | 18 | I | 39.93 | | |
| 10 | 28 Hiba Pals | DPD | 17 | I | 40.65 | PR | |
| 11 | 4 Naomi Segers | DPE | 17 | O | 41.70 | | |
| 12 | 15 Karsten Dieleman | HPD | 15 | I | 42.75 | | |
| 13 | 20 Yasmine Pals | DPB | 19 | I | 57.48 | FL | |

7. Rituitslag IJCT 300 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|---------------------|--|-----|--|-------|--------------|------|
| 15 | wt rd | 15 Karsten Dieleman | | HPD | | 41.60 | 42.75 | |

Karsten Dieleman

| | | | |
|------|-------|---------|---|
| 300m | 42.75 | (42.75) | m |
|------|-------|---------|---|

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|------|--|-----|--|----|------|------|
| 16 | gl bl | | | | | | | |

| | | | |
|---|--|--|---|
| m | | | m |
|---|--|--|---|

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|----------------|--|-----|--|-------|--------------|------|
| 17 | wt rd | 28 Hiba Pals | | DPD | | 41.57 | 40.65 | PR |
| | | 4 Naomi Segers | | DPE | | 39.65 | 41.70 | |

Hiba Pals

Naomi Segers

| | | | | | |
|------|-------|---------|------|-------|---------|
| 300m | 40.65 | (40.65) | 300m | 41.70 | (41.70) |
|------|-------|---------|------|-------|---------|

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|-----------------|--|-----|--|-------|--------------|------|
| 18 | gl bl | 3 Isabel Segers | | DPC | | 38.01 | 39.93 | |
| | | 33 Stijn Kroon | | HC1 | | 37.36 | 34.11 | PR |

Isabel Segers

Stijn Kroon

| | | | | | |
|------|-------|---------|------|-------|---------|
| 300m | 39.93 | (39.93) | 300m | 34.11 | (34.11) |
|------|-------|---------|------|-------|---------|

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|---------------------|--|-----|--|-------|--------------|------|
| 19 | wt rd | 20 Yasmine Pals | | DPB | | 36.56 | 57.48 | FL |
| | | 27 Luuk van Tilborg | | HPB | | 35.45 | 36.57 | |

Yasmine Pals

Luuk van Tilborg

| | | | | | |
|------|-------|---------|------|-------|---------|
| 300m | 57.48 | (57.48) | 300m | 36.57 | (36.57) |
|------|-------|---------|------|-------|---------|

Club-Trainingswedstrijd 1

Ireen Wüst IJsbahn - Tilburg

18 oktober 2020

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|---------------|-------|---------------|----------------------|
| 20 | gl | 40 Ramzi Coenraad | HPC | 32.95 | 32.17 | |
| | bl | 19 Youssra Pals | DPB | 34.78 | 34.25 | PR |
| | | Ramzi Coenraad | | | | Youssra Pals |
| | | 300m | 32.17 (32.17) | 300m | 34.25 (34.25) | |
| | | Naam | Cat | PR | Tijd | Info |
| 21 | wt | 5 Daan Segers | HPA | 32.00 | 31.02 | PR |
| | rd | 1 Quinty Breij | DB2 | 29.60 | 30.38 | |
| | | Daan Segers | | | | Quinty Breij |
| | | 300m | 31.02 (31.02) | 300m | 30.38 (30.38) | |
| | | Naam | Cat | PR | Tijd | Info |
| 22 | gl | 29 Sem Boon | HB2 | 27.46 | 27.03 | PR |
| | bl | 35 Sterre Pikaar | DB2 | 28.54 | 29.82 | |
| | | Sem Boon | | | | Sterre Pikaar |
| | | 300m | 27.03 (27.03) | 300m | 29.82 (29.82) | |

8. Uitslag IJCT 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 41 Geophrey Coenraad | HC1 | 28 | I | 2:16.08 | PR | |
| 2 | 24 Lotte Groenen | DB1 | 28 | O | 2:17.57 | | |
| 3 | 16 Hugo Krul | HB1 | 27 | O | 2:24.74 | | |
| 4 | 25 Meike Hohenstein | DB1 | 26 | O | 2:28.44 | | |
| 5 | 31 Maud Biezen | DC1 | 26 | I | 2:31.64 | | |
| 6 | 39 Danique Happel | DB1 | 27 | I | 2:35.79 | | |
| 7 | 23 Floran Plompen | HC2 | 25 | O | 2:42.30 | | |
| 8 | 30 Lars Boon | HC1 | 23 | I | 2:44.29 | | |
| 9 | 14 Anouk Cosijn | DB1 | 25 | I | 2:45.32 | | |

8. Rituitslag IJCT 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----------|---------------------|-----|----|----------------|------|
| 23 | wt rd | 30 Lars Boon | HC1 | | 2:44.29 | |

Lars Boon

| | | | |
|-------|---------|---------|---|
| 300m | 33.43 | (33.43) | m |
| 700m | 1:15.41 | (41.98) | |
| 1100m | 1:59.66 | (44.25) | |
| 1500m | 2:44.29 | (44.63) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----------|------|-----|----|------|------|
| 24 | gl bl | | | | | |
| | | | | | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|-----------------------|----------------|------|
| 25 | wt | 14 Anouk Cosijn | DB1 | 2:45.30 | 2:45.32 | |
| | rd | 23 Floran Plompen | HC2 | 2:42.25 | 2:42.30 | |
| | | Anouk Cosijn | | Floran Plompen | | |
| | | 300m 33.96 (33.96) | | 300m 33.73 (33.73) | | |
| | | 700m 1:15.23 (41.27) | | 700m 1:14.12 (40.39) | | |
| | | 1100m 2:00.03 (44.80) | | 1100m 1:57.99 (43.87) | | |
| | | 1500m 2:45.32 (45.29) | | 1500m 2:42.30 (44.31) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|-------------------------|----------------|------|
| 26 | gl | 31 Maud Biezen | DC1 | 2:31.52 | 2:31.64 | |
| | bl | 25 Meike Hohenstein | DB1 | 2:23.84 | 2:28.44 | |
| | | Maud Biezen | | Meike Hohenstein | | |
| | | 300m 31.41 (31.41) | | 300m 31.16 (31.16) | | |
| | | 700m 1:10.33 (38.92) | | 700m 1:09.04 (37.88) | | |
| | | 1100m 1:50.35 (40.02) | | 1100m 1:48.43 (39.39) | | |
| | | 1500m 2:31.64 (41.29) | | 1500m 2:28.44 (40.01) | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|------------------|---------|----------------|------|
| 27 | wt | 39 | Danique Happel | | DB1 | 2:23.80 | 2:35.79 | |
| | rd | 16 | Hugo Krul | | HB1 | 2:21.15 | 2:24.74 | |
| | | Danique Happel | | | Hugo Krul | | | |
| | | 300m | 32.94 | (32.94) | 300m | 30.31 | (30.31) | |
| | | 700m | 1:13.36 | (40.42) | 700m | 1:07.27 | (36.96) | |
| | | 1100m | 1:54.49 | (41.13) | 1100m | 1:45.93 | (38.66) | |
| | | 1500m | 2:35.79 | (41.30) | 1500m | 2:24.74 | (38.81) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|----------------------|---------|----------------|------|
| 28 | gl | 41 | Geophrey Coenraad | | HC1 | 2:20.66 | 2:16.08 | PR |
| | bl | 24 | Lotte Groenen | | DB1 | 2:13.34 | 2:17.57 | |
| | | Geophrey Coenraad | | | Lotte Groenen | | | |
| | | 300m | 28.29 | (28.29) | 300m | 28.91 | (28.91) | |
| | | 700m | 1:02.15 | (33.86) | 700m | 1:02.60 | (33.69) | |
| | | 1100m | 1:38.71 | (36.56) | 1100m | 1:39.23 | (36.63) | |
| | | 1500m | 2:16.08 | (37.37) | 1500m | 2:17.57 | (38.34) | |